



Beyond the Break

Future Proofing Surf Rescue 30

Ensuring sustainability and resilience ...



Today's complex world throws many challenges at us. Be it a changing external environment, funding, recruitment or the need to manage multiple relationships and partnerships with limited resources. There are many ways in which we can be distracted from our core task at hand – delivering a seamless,

highly capable rescue service to support our Randwick surf life-savers. I can assure you the task is not easy as we deal with differing view points and, dare I say it, sometimes capability issues.

At Surf Rescue 30 your Executive is looking ahead as to what the next five years may bring. (Continued page 2)

Welcome

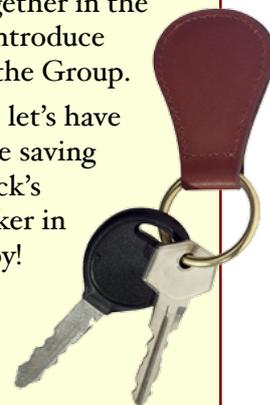
Whoa - back into 2016 already. We've had a busy off season and 2016 is shaping up as a defining season in so many ways.

Firstly, let's eat our brussel sprouts first. Patrols. Please guys - we've got a great crew and a lot of new faces. Roster yourself on patrol and a 'shout out' to our senior members ... we need to do some heavy lifting and helping out with training so we can get the next gen of crews through. You know what you need to do to put a smile on Rosie's dial.

On the social front, we'll have a get together in the New Year to introduce new crews to the Group.

And lastly, let's have some fun while saving lives. Randwick's coast is a cracker in summer. Enjoy!

- Mat



NEW CREW AWARDS

Well done to our new crew members who have attained their awards last season. Young Julian Vincent (Coogee), Tom Wallace (Coogee) Cameron Callagan (Coogee); Ben Heenan (Coogee) and Clive Stiff (Coogee) - you guys put the hard yards in and deserve it. In the off season, Nixy Krite (South Maroubra) attained her crewie award on a cold winter's day. A couple of weeks ago Brittany Banks and James O'Connor achieved their crewie

awards as well - again well done!

And while we are on the subject of awards, well done to our new driver Steve Denholm (Maroubra); and Jedd Goggin (Maroubra) who performed a "daily double" attaining his Driver and his Skipper's awards!

We have quite a few new crewies, drivers and skippers in training and over the course of the next few months we look forward to on-boarding you into your new positions.





DEVELOPING RESILIENCE

(Continued from page 1)

Our horizon-scanning is set against a backdrop of continued infrastructure and funding challenges; recruitment planning; and "strategic" reviews. If we are to survive over the long-term it is incumbent upon all of us to think creatively, be flexible and potentially develop new ways of working that have sustainability and resilience at their heart. One pundit describes this as BHAGs (short for Big Hairy Audacious Goals). In order to succeed with our BAHGs we need to ensure we have the right people on the bus; the wrong people off the bus; then right people in the right seats - and this is all before we decide on where we're going! Fortunately we don't have to start from scratch and much of this work is done.

here's a simple question to ask yourself: What drives you in Surf? It will be different for each of us. For me, Waldo Ralph Emerson summed it up beautifully when he said "to know even one life has breathed easier because you have lived. This is to have succeeded."

On this measure, Surf Rescue 30 excels and the stories in this newsletter lay a solid foundation we should all be extremely proud of. We have a proud tradition and a strong future. For those of us who have chosen to stay on the bus, let's grab a seat and make sure we are sitting in the right space and not get too comfy as we embark on the next leg of our exciting journey. For those who have chosen to get off, thanks for sharing the journey with us, your contributions will be cherished - and like any good bus trip - just maybe we might see you aboard one day again.

For those of us still on the bus,



Top: *Sitting off Wedding Cake*
Bottom: *Crew training off a stormy Coogee*

OOOPS - I HIT THE ROOF ...

You know the feeling. We've all at one time had that "sinking" feeling when we make that little mistake that we kick ourselves about. A couple of weeks ago whilst re-fuelling at an unfamiliar petrol station the canopy of the craft clipped the awning causing some damage to craft and necessitating the boat making an unscheduled pit-stop at Splits Fibreglassing for some running repairs.

We all know that from time to time accidents occur, and over the past few years we have performed reasonably well on the accident front because of the risks assessments that are drilled into us as surf lifesavers on Surf Rescue 30. But it's the take out from this incident which is important. This little incident serves as a valuable watchpoint for all crews how a moment's lapse in concentration can derail things. It serves as a reminder to each of us to do those checks and balances when on the craft - both on the water and

off the water. Accidents and injuries are preventable. Each of us has a personal responsibility for our safety and the safety of others, when we are on patrol together. No rescue tasking is so important that it will be pursued at the sacrifice of safety. A rescue tasking is well done only if it is done safely.

So how can we bring this together. When on patrol remember these three simple traffic light steps and perform a simple Safe Performance Self Assessment (SPSA):

- Stop:** ask yourself what could possibly go wrong?
- Analyse:** what can be done to mitigate or prevent? This might be PPE or in this case having a crew as spotters
- Act:** implement the preferred option.

A simple SPSA will take less than a minute but the results will pay dividends in spades.



THE NEW BLACK PISTONS OF SR30 HAVE ARRIVED ...

Yep, the new yams are beauties - all "300 ponies". Just remember these will feel a little different compared with the previous motors - simply because they are a commercial variation. They have just had a major service so enjoy them - they are running really well for the start of the 2016/17 season!





RESCUE OF THE MONTH AND OTHER TASKINGS

Crews deserve a big pat on the back for all the hard yards they have put in last season.

The season started off with the Group being awarded "Rescue of the Month" for October and attached to the backpage of this newsletter a brief overview of the job. And check out this photo on the right! No, you don't



need to get new glasses. It's Andrew Lissenden ready to go into the drink in the Harbour as Rescue Crew in our October Rescue of the Month. Jedd also received exposure in this rescue.

Holding the Surf Rescue 30 flag high towards the back end of the season was the crew of Brad Taylor, (Garie) Calum Good (Garie) and Clive Stiff (Coogee) with an outstanding rescue at Gordons Bay of a Jet Ski that attempted to cut the Bommie - yep, those of us still left from JRB 3 remember well the Gordon's Bommie. Callum swam across from the craft to check up on the Jet ski driver who was ultimately winched out by the Westpac Lifesaver Helicopter. It was tricky conditions with a large swell crashing over the rocks. Unfortunately the jet ski was consigned to "jet-ski heaven" but the operator was OK apart from some bumps and scratches. Great effort fellas on this job.

Crews were tasked via the emergency callout system to the tragic fatal incident involving a young lady and her young baby off the cliffs of Lurline Bay. Karl Solomonson, Callum and Nick Reilly attended this tragic incident.

Karl and Steve and Pete had multiple taskings on the same night to a search for a swimmer followed by a lady who drowned at Bondi Beach at around 9:30 pm; they then attended a woman who decided to go for a swim following a wedding celebration at Icebergs; and to cap it off the Water Police on scene tasked the crew to a person in trouble off Jacob's Ladder. Well done fellas.

The boat was also tasked at around 9pm on a cold winter's night to a reported "MAYDAY" off Cape Banks. Crews searched with Water Police and air ambulance for around 90 minutes being tasked to the area near the cliffs between Cape Banks and the pump house before the search was called off. So *Cold!*

A month into this season and only Jedd's 2nd patrol as Skipper and the boat was tasked to Little Bay by SurfCom where it was reported two swimmers were in

distress. The boat carried out a search with LifeSaver 21 and it appeared the swimmers had managed to get back safely to land. While all this was going on there was a report of a "cardiac arrest" in Gordon's Bay which air ambulance attended.

And only last week Surf Rescue 30's Brad Taylor, Nick Reilly Callum Good and Jono whilst patrolling south about 500m off Malabar's notorious yellow rock in what can be described as fairly ordinary conditions noticed a couple of divers with no one around. Brad decided to take a closer look and the divers had activated their emergency distress buoy. The divers turned out to be American tourists who had been boat diving inside Maroubra off Magic Point around 1km from the dive boat and were totally lost. After a bit of an effort cutting the divers free from the lines attaching them to their distress buoy, they were pulled onto the craft - no easy task with tanks and all the other diving paraphernalia. The crew then took the two american tourists back to the dive boat where Brad quipped: "*hey fellas - are you missing a couple of your guys?*" This rescue highlights that so often in life the outcome of the raindance is more often than not dependent upon timing - this had the potential to be a Sunday Telegraph headline! The crew received Sydney Branch Rescue of the month (Oct) for their tremendous effort!

Brad, Nick Callum and Jono then went on to attend a rescue in Lurline bay with support ski 3 where a 15 year old was stranded in the water and could not get back up onto the rocks. Again terrific job boys. You earned your money as volunteers on this patrolling day boys!

And recently Surf Rescue 30 (Karl, Chesh and Nick Reilly) were called out at around 8pm to a distressed kayaker off Bondi's Ben Buckler - alas it was deceased seal. Dare I say it, but someone needs to go to Specsavers!

And last but not least, Rosie Taliano (Nth Bondi), Nixy Krite (Sth Maroubra) Tom Barker (Clovelly) and Richard Lissenden attended the Inaugural Five Beaches swim from Coogee to North Bondi before being tasked to Yellow Rock Malabar to search for a rockfisherman who had gone missing in 2-3 metre seas. It was a terrific effort by all surf assets with Lifesaver 21 doing a spectacular winch of the missing fisherman's colleague trapped on the rock platform. As the search went on crews were "saddened" as thoughts turned to the family of the missing fisherman with Christmas upon us. The message is so simple: if you wear nothing else wear a lifejacket because lifejackets float people don't.



SURF RESCUE 30 PRESO NIGHT

This is always a great night



and 2016 was no exception.

Let's go straight to the serious awards first:

The Ken Blakie Memorial award. For those who did not know Ken, he was Captain of Jet Rescue Boat 3 (the predecessor of SR30) from 1980 -84 and a member of Maroubra SLSC. The above photo is of Ken at the helm of his beloved JRB3 the "KJ Quinn" circa 1982 off Randwick Golf Course at Malabar. Ken was a great Captain, excellent surf lifesaver mentor and, well, an all round terrific bloke. He captained JRB3 through a period when we had no crew and no money. Frankly, how we got through this period is astounding! As a Group we were teetering on a precipice. That said, what it did have in spades was lots of young crew (think here Stewart Bailey; Brett Lockhart; Ian White; George Shales; Richard Lissenden; Pete Rennex; Bob Russell; Graham Smith; Rod McCormack; Karl Solomonson, Linda Perrin; Trevor Perrin to name but a few) who were passionate and who wanted to get involved; and a dedicated bunch of older crew who were prepared to put in the hard yards in training and mentoring (Ken, Alan Morris, Bobby Pieme). Despite engines blowing up; jet units getting crunched; and even a

capsize in a 15 foot surf at South Maroubra - Ken managed to hold it all together. At a time when we saw Bartender Rescue Boat depart Warringah Branch; JRB 4 at Bondi fold, Ken kept the motley crew together, and really encouraged the young guns. I can still recall as a 19 year old, barely having a licence to drive a car, taking JRB 3 in the break zone of a 10 foot surf conditions at Bondi under his tutelage - and let me say what a buzz taking a 25 foot jet boat with a V8 Chev roaring in the background into what would otherwise be a no go zone! I can still here Ken bellowing "dump the bucket son!".

So someone asked me what this award recognises.

It's pretty simple really. This award recognises the attributes that Ken showcased:

- Integrity,
- Courageousness,
- Self-confidence,
- Generosity of spirit;
- Self-awareness;
- A just do it attitude; and most importantly
- A little bit of larrakin and a good sense of humor to boot,

and it is awarded to the member that exhibits these traits.

This year we were pleased to say it was awarded to Mat Harper. Mat stepped into the role of Vice-Captain at a difficult time not only for the Group, but at a time he was doing it tough personally. He not only did an outstanding job, but it became very clear he showcased all the attributes Ken lived his "Surf Life" by. Whether it was training, assisting with rostering or mentoring, Mat was always a reliable and solid contributor, and for that the

Executive is grateful. Well done Mat. Ken's smiling down at you and he would have been proud to have you as part of the team!

The other equally important award is the Captain's Award presented this to Steve Denholm. Steve is a relatively recent arrival to the Group. So what makes Steve such a standout.

There's an old saying that "some people will always have something to say and nothing to contribute". Well, Steve is the antithesis of this. His contributions have been fantastic and, in quietly going about the "stuff" that keeps us on the water, he has frankly won our hearts. Stuff just happens. Here's some examples

- Boat taken off line because of a leaking fuel filter line. No dramas, off to Whitworths, and in a couple of hours its fixed;
- SR30's Forward Looking Infrared Camera has been a source of frustration this season and he relentlessly tracked down the "FLIR guy" to get this sorted.
- Our trailer needs to be pink slipped- no dramas - it's taken care of.
- Asset management and records not quite up to par - no worries, I'm onto it fellas!

Yep, I think Oprah had a point when she said "*Lots of people want to ride with you in the limo, but what you want is someone who will take the bus with you when the limo breaks down*"

Thanks Steve for driving the bus and getting us all to our destination of around 69 rescue taskings for 2015/16! Well done!

And those other awards ... what happens at the SR30 preso stays at the Surf Rescue preso!



WHAT ELSE IS HAPPENING

Patrol proficiency awards

For those who were not able to attend Surf Rescue 30's annual 2015/16 presentation awards and who attained their proficiencies contact Karl to make arrangements to collect your award. This year's award included a fully sealable and SR30 logo'd waterproof backpack and an embroidered beach towel - all thanks to young Nixy!



Full house ... all smiles! Summer in Randwick!

Gear

Well the off season is always a time to take a bit of a breather as we re-inspect; regather; repair; and replenish. While the craft is in good nick owing to some cosmetic surgery during the season which we attended to while fitting the motors, there's still been a bit of work done on her.

FLIR

The FLIR is being repaired and hopefully will be up and running soon. Remember also to take care when raising and lower the canopy to avoid damage and when you are on the craft re-familiarise yourself with its operation. There is a FLIR "101" card instruction card in the front console, so next time you're on

patrol take some time and have a play so it again becomes second nature to you. It's a great piece of equipment which can be used not only at night but also during the day when there is high glare.

Trailer

This has been reinspected and pink slipped and the good news is she's still in good condition. Electrics have been checked and the fresh water trailer flush out pump has been repaired.

Burke Jackets

I've always said if you want to test whether something is indestructible - give it to a surf lifesaver to see whether it can survive a season of brutal flogging on patrol. Well some of our Burke Jackets are approaching 10 years old so the team at Burke must be doing something right we think! We've ordered a whole new lot of offshore jackets for crews which will be sign-written and will arrive before season start which should keep us all warm and dry for several more seasons. All we ask is that at the end of patrol hang them up so they dry. Too easy!

Radios

Radios have been serviced. We've applied via some grants for some of the newer, smaller digital enabled Hytera radios to replace some of the aging Kenwoods so we can hit the road running when Surf goes digital.

and of course .. the Rescue Boat

She's been down to Hunts Marine for a major service. Engines have been serviced and trailer maintenance carried out! As usual thanks to Ian and his team at West Street!

Position Holders

MAT HARPER



Captain, Mat had a terrific 2015 season. Mat is also doing his skipper pre-reqs in 2016. Mat has stepped into the role of Captain so please support him. The face of Maroubra Seals and Science Honours grad! What a combo!

ROSIE TALIANO



Vice Captain and Patrol Coordinator and social media

guru. 

 and



are all covered. The facebook updates often appear before the jobs do - so we all think Rosie has a 6th sense. And with an impressive global following - here's is a question from our tech savvy Brit, Gerry: When are we going live on  a place for friends ?

STEVE DENHOLM

Steve is a quiet achiever, the proverbial "black piston" of SR30 working to ensure our gear is ship-shape this season. As we all know this is no easy task. All Steve asks is please, please, respect the gear!



JEDD GOGGIN

Iron Man, Naval Officer - Jedd really is our "wise"



man of the sea and is welcomed aboard as our training officer fresh from his deployment somewhere north of Australia. So is this really the return of the Jedi we ask!



PUBLIC ACCESS DEFIB

We've all noticed that Malabar is becoming very popular as a weekend BBQ destination.

Surf Rescue 30 has recently installed a fully automated public access defibrillator on the front of the Malabar rescue base in its own defib cabinet which faces towards Cromwell Reserve. Open the cabinet door and it alarms with siren and flashing light.

Thanks to Sydney Branch and Sydney Airports for making this available.



HAVING A WHALE OF A TIME

If you're into aquatic life October was the time to roster yourself on - as the last of this season's humpback's and their calves do the big swim South.

Check out the photo's from Nixy on the next page of a juvenile whale strutting it's stuff off Mahon Pool a couple of weeks ago. WOW. Patrolling Randwick doesn't get any better than this.

BREKKIE AT THE BAY

We recently had a crew brekkie at the *Coogee Bay Hotel*. It was a terrific affair and a great informal catch-up just prior to the season start. We will organise some CBH raffles bin the New Year - a great way to raise some money, have a beer and a pizza or two and catch up informally.

TRAINING LOGS

We've added a new Skippers Log to the Driver and Crew Logs.

A quick reminder to all those undertaking training - make sure you fill it out during your patrol depending upon the modules you have focused upon and have a discussion with the skipper at the end of patrol who will add his/her comments in the training log.

SKIPPER SURVEY AND OTHER STUFF

Skipper's would have seen that a survey has been sent out .. spend 10 minutes to fill it in and get it back to the Captain or Secretary.

For all crew with Maritime Licence, take a copy and send it back to Karl so it can be verified and updated on SurfGuard; and last but not least, do your club proficiencies with your club before 31 Dec 2016 and your Boat Proficiency also by year's end (details and dates in the calendar)

FRIDGE MONEY

Yep, its that time of the year. The Base's fridge has been restocked with a fine selection of fizzies and waters from across the globe and fresh beers including low alcohol beers for after patrol. Throw your \$30.00 into the fridge pot and you are good to go for 2016 season - no more fumbling around change!

Calendar

Surf Rescue 30 Proficiencies

There's 3 dates to choose from to brush up on the basics and they are all held down at the base:

9am Sunday 23 October 2016 (John);

9am Saturday 26 November 2016; (Karl); and

9am Sunday 11 December 2016. (George).

SR 30 show and tell ...

bring a friend who's interested in joining to meet the crew. Details to follow.

Sunday 19 February 2016

Murray Rose Malabar Magic Swim

Sunday 9 April 2017

Cool Water Challenge Coogee

60 seconds with Mat

What do you like most about Surf Rescue 30?

What I love most about Surf Rescue 30 is the fact that I get to patrol with such a wide range of awesome people from so many different clubs.

What is your favourite memory of Surf Rescue 30?

On patrol I remember we were taking the boat from Malabar to Botany Bay. Only problem was there were 3 to 4 metre swell we were contending with. The driver Gerry up front was trying to make funny jokes while Skipper Karl was holding on for dear life. When we finally got to Botany our trusty skipper was so shaken up he had to have a bit of a "harvey dew"! It was challenging and funny at the same time!

If you could choose to have dinner with 5 people who would you invite?

Einstein - genius with a sense of humour; Morgan Freeman - just to hear his voice; Leonard DiCaprio - awesome actor; Dwayne Johnson (The Rock) ring a bit of humour; and Bon Jovi - so he can sing "Livin on a Prayer".

Something not many people know about you?

I have just completed an Advanced Science degree at UNSW with a double major in biology and ecology.

Favorite Holiday Destination?

Toss up between Hawaii and Spain.



Short Bursts ...

NEW 4WD LAND SUPPORT VEHICLE FOR SURF RESCUE 30 ...



Without our 4WD we're pretty much a dead duck. Let's face it, getting 3 tonnes of pure rescue craft to the water is a big ask. Late last season the crew took delivery of a new Holden Colorado dual cab 4WD which came complete with bull-bar and winch, rear canopy and roof racks and fully integrated towing electrics and hazard lights.

Once the smart State Centre approved brand box was added, she really looks the part as a 4WD. But more than this, she's a fully self contained surf lifesaving rescue vehicle in her own right. The Rescue Board can be added in a "jiffy" and with a substantial first aid kit, oxy viva, defibrillator, wetsuits, flippers, binoculars and portable FLIR camera always on board, she really packs a punch in her own right for remote access, search and rescue. On after hours callouts with UHF and VHF base radios installed, she allows unparalleled communications with our rescue crews during taskings - effectively becoming a base station. And boy, oh boy, it's reassuring knowing that on cold windy nights when we're 10 or 12 kilometres from home on a search that we can retrieve the craft anywhere up and down our coast. Importantly, this Colorado is more sure footed under tow than the previous model.

A big thanks to the the crew at Randwick Council Depot Crew for once again supporting us in the changeover!



BRANCH AWARDS NIGHT - SURF RESCUE 30 CREWS HONOURED ...

Well done to Jedd Goggin (Maroubra) who was awarded Sydney Branch Offshore Rescue Crew of the Year; and again to Jedd, and also Andrew Lissenden (North Bondi) and his Bro, Richard, for taking out Sydney Branch Rescue of the Year.



Wow - look who's moved into the Bra - there goes the neighbourhood! Having a "whale" of a time on Surf Rescue 30.

(Photos courtesy of Nixy Krite)

